

# How Does Contact Tracing Work?

**Contact tracing is a simple, confidential process that has been used by public health departments for decades to slow the spread of infectious diseases. You can do your part by answering a few simple questions.**

- It is important that you respond if you get a phone call or text message from Public Health. The phone call may show on your phone as "LA PublicHealth" or 1-(833) 641-0305. You will be asked about your health and the places you have been.
- If you receive a Los Angeles County Health Officer Order and have not already had a contact tracing interview, you must call the number on the Order within 24 hours.
- Conversations with public health staff are confidential. This means any information you share will be kept private.
- Public Health staff will answer any questions you may have and will also share helpful resources such as how to get a COVID-19 test, the best time to get a COVID-19 vaccine, or help finding a doctor.

## If you test positive for COVID-19:



### Public Health will ask:

1. About the places you have been.
2. The people you have been around while you were infectious.

- You will receive a phone call or text message from Public Health to complete an interview. Answer the phone when you get a call and/or complete an online interview survey after you receive a text message.
- The people you tell Public Health about will be contacted but will not be told your name, contact information, or that you have COVID-19. They will not be told anything about you, just that they were exposed to COVID-19.

**To learn more, see *Isolation Instructions***

- Scan the QR code, or
- Visit [ph.lacounty.gov/covidisolation](https://ph.lacounty.gov/covidisolation),



## If you have been in contact with someone with COVID-19:



### Public Health will ask:

1. If you have any COVID-19 symptoms or if you have been tested.
2. About places that you may have been to.

- In order to avoid you getting mixed up with another person, please give your complete and correct information.
- Public Health may call you more than once to check how you are doing.
- They will give you information on next steps based on your answers.

**To learn more, see *Quarantine and Other Instructions for Close Contacts***

- Scan the QR code, or
- Visit [ph.lacounty.gov/covidquarantine](https://ph.lacounty.gov/covidquarantine).

